

RSE – YEAR ON A PAGE

WHOLE SCHOOL

		Reception	Year One	Year Two	Year Three	Year Four	Year Five	Year Six
Topics	Term 1	Myself and Others	Myself and Others	Differences: Boys and girls	Looking after the body	Growing and Changing	Talking about puberty	Building good relationships
		Likes and Dislikes	Body Parts	Differences: Male and Female	Challenging Gender Stereotypes	Body changes	Becoming men and women	Safe Relationships
	Term 2	Family Networks	Family	Naming Body Parts	Differences: Male and Female	What is puberty?	Puberty and hygiene	Physical and emotional changes during puberty
		Similarities and Differences	Family -same but different	Making Choices	Family Differences	Thinking, feeling, doing – changing relationships	Emotional changes we experience in puberty	Being a parent
	Term 3	Body Awareness	Friendships	Everybody needs caring for	Decision Making	Assertiveness	Professionals who provide support to families	Your questions answered
		Hygiene	Choices	Looking after the body	Safety	Your questions answered	Building good relationships	Aspirations for the future



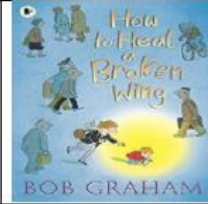
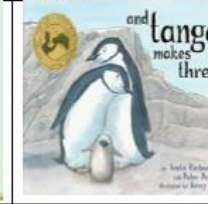
Children learn about RSE as part of their Science and Personal Social and Health education. RSE is not isolated but taught within the framework of caring relationship, families, friends, values and responsibility. A whole range of teaching approaches are used which will allow children to learn in a caring and sensitive way. Teachers are sensitive to religious, cultural and family values and ensure that all children's backgrounds and experiences are recognised and valued. The scheme of work is progressive and the learning in each year group builds on previous learning.

At the end of this scheme of work pupils will be able to effectively share their ideas with others, as well as understand of the importance of hygiene in puberty.

Topic					
Term 1		Term 2		Term 3	
Talking about puberty	Becoming men and women	Puberty and hygiene	Emotional changes we experience. in puberty	Professionals who provide support to families	Building good relationships

Please note:

- Correct vocabulary will be taught for body parts. This ensures universal understanding, clarity, respect and courtesy
- In KS2 some classes may be delivered single sex groups
- The school nurse may help to deliver teaching sessions
- Classes will establish a set of agreed ground rules to be followed during RSE lessons
- We use story books as a way of starting discussions and helping children share ideas, a selection of the books we use in this year are:

Year Five	1	2	3	4	5
Book Title	Where the Poppies Now Grow by H. Robinson and M. Impey	Rose Blanche by Ian McEwan and R. Innocenti	How to heal a broken wing by Bob Graham	The cow who climbed a tree by Gemma Merino	And Tango make Three by J. Richardson and P. Parnell
					
Theme	British values, age	Religion, race prejudice, discrimination	Choosing to help	Being assertive	Prejudice, different ideas and co-existence
Learning Objective	To learn from our past	To justify my actions	To recognise when someone needs help	To exchange dialogue	To accept people who are different from me