

## RSE – YEAR ON A PAGE

WHOLE SCHOOL

		Reception	Year One	Year Two	Year Three	Year Four	Year Five	Year Six
<b>Topics</b>	<b>Term 1</b>	Myself and Others	Myself and Others	Differences: Boys and girls	Looking after the body	Growing and Changing	Talking about puberty	Building good relationships
		Likes and Dislikes	Body Parts	Differences: Male and Female	Challenging Gender Stereotypes	Body changes	Becoming men and women	Safe Relationships
	<b>Term 2</b>	Family Networks	Family	Naming Body Parts	Differences: Male and Female	What is puberty?	Puberty and hygiene	Physical and emotional changes during puberty
		Similarities and Differences	Family -same but different	Making Choices	Family Differences	Thinking, feeling, doing – changing relationships	Emotional changes we experience in puberty	Being a parent
	<b>Term 3</b>	Body Awareness	Friendships	Everybody needs caring for	Decision Making	Assertiveness	Professionals who provide support to families	Your questions answered
		Hygiene	Choices	Looking after the body	Safety	Your questions answered	Building good relationships	Aspirations for the future





YEAR 1

Children learn about RSE as part of their Science and Personal Social and Health education. RSE is not isolated but taught within the framework of caring relationship, families, friends, values and responsibility. A whole range of teaching approaches are used which will allow children to learn in a caring and sensitive way. Teachers are sensitive to religious, cultural and family values and ensure that all children's backgrounds and experiences are recognised and valued. The scheme of work is progressive and the learning in each year group builds on previous learning.

**At the end of this scheme of work pupils will develop and use communication skills to cope with the influences of family and peers.**

Topic					
Term 1		Term 2		Term 3	
Myself and Others	Body Parts	Family	Family - same but different	Friendships	Choices

Please note:

- Correct vocabulary will be taught for body parts. This ensures universal understanding, clarity, respect and courtesy
- The school nurse may help to deliver teaching sessions
- Classes will establish a set of agreed ground rules to be followed during RSE lessons
- We use story books as a way of starting discussions and helping children share ideas, a selection of the books we use in this year are:

Year One	1	2	3	4	5
Book Title	Elmer by David McKee	Ten Little Pirates by Mike Brownlow and Simon Rickerty	That's not how you do it by Ariane Hofman-Maniyar	Max the Champion by S. Stockdale	My World, your World by Melanie Walsh
					
Theme	Race	Gender Equality	Accepting Difference	Disability	Race
Learning Objective	To like the way I am	To play with boys and girls	To accept people are different	To understand that our bodies work in different ways.	To understand that we share the world with lots of people