

RSE – YEAR ON A PAGE

WHOLE SCHOOL

		Reception	Year One	Year Two	Year Three	Year Four	Year Five	Year Six
Topics	Term 1	Myself and Others	Myself and Others	Differences: Boys and girls	Looking after the body	Growing and Changing	Talking about puberty	Building good relationships
		Likes and Dislikes	Body Parts	Differences: Male and Female	Challenging Gender Stereotypes	Body changes	Becoming men and women	Safe Relationships
	Term 2	Family Networks	Family	Naming Body Parts	Differences: Male and Female	What is puberty?	Puberty and hygiene	Physical and emotional changes during puberty
		Similarities and Differences	Family -same but different	Making Choices	Family Differences	Thinking, feeling, doing – changing relationships	Emotional changes we experience in puberty	Being a parent
	Term 3	Body Awareness	Friendships	Everybody needs caring for	Decision Making	Assertiveness	Professionals who provide support to families	Your questions answered
		Hygiene	Choices	Looking after the body	Safety	Your questions answered	Building good relationships	Aspirations for the future





RECEPTION YEAR

Children learn about RSE as part of their Science and Personal Social and Health education. RSE is not isolated but taught within the framework of caring relationship, families, friends, values and responsibility. A whole range of teaching approaches are used which will allow children to learn in a caring and sensitive way. Teachers are sensitive to religious, cultural and family values and ensure that all children's backgrounds and experiences are recognised and valued. The scheme of work is progressive and the learning in each year group builds on previous learning.

At the end of this scheme of work pupils will recognise what they like and dislike, as well as develop feelings of self-respect, self-esteem and self-confidence.

Topic					
Term 1		Term 2		Term 3	
Myself and Others	Likes and Dislikes	Family Networks	Similarities and Differences	Body Awareness	Hygiene

Please note:

- Correct vocabulary will be taught for body parts. This ensures universal understanding, clarity, respect and courtesy
 - The school nurse may help to deliver teaching sessions
 - Classes will establish a set of agreed ground rules to be followed during RSE lessons
- We use story books as a way of starting discussions and helping children share ideas, a selection of the books we use in this year are:

EYFS	1	2	3	4	5
Book Title	The Family Book by Todd Parr	You Choose by Nick Sharratt & Pippa Goodheart	Mommy, Mamma and Me by Leslea Newman and Carol Thompson	Blue Chameleon by Emily Gravett	Red Rockets and Rainbow Jelly by Sue Heap and Nick Sharratt
					
Theme	All families are different	Pupil voice	All families are different	Race	Accepting difference